


What should I expect when I register my child to Sherwood Park Ringette Association?

NOTE: U6 (Initiation) program participants---please refer to separate information sheet for program details.

- ✓ *Weekly local practice slots from October through February (teams advancing to playoffs practice into March);*
- ✓ *Weekly games - travel may be required to some games;*
- ✓ *Approximately 4 evaluation Ice slots in September;*
- ✓ *Powerskating taught by Donna Stewart (with 30 years of teaching experience)*
- ✓ *Development program for coaches, lead by Lorrie Horne (Ringette Hall of Fame Member);*
- ✓ *Certification program for coaches through Ringette Alberta;*
- ✓ *Provincial play-down participation for U12 (Petite) and up;*
- ✓ *Playoffs for U10 (Novice);*
- ✓ *Opportunity to try-out for elite Ringette AA Zone 5 teams (U12 and up)*
- ✓ *Sherwood Park tournament in November. Note: many tournaments require Friday daytime games in order to get all games played.*
- ✓ *Complimentary individual and team picture;*
- ✓ *Development of team building skills;*
- ✓ *New Friends, great exercise;*
- ✓ *And a season full of GREAT BIG  SMILES!!!*

Additional commitments, not covered by registration,

- *Teams may ask for additional money or hold fundraising events to cover the cost of parties, tournaments, additional team powerskating etc.*
- *Volunteer commitment from parents for the Global Machines Platinum Ring tournament;*

Equipment

- *Ringette Stick*
- *CSA approved Helmet and Ringette-Style Face Mask or Cage*
- *approved Neck Protector*
- *Elbow Pads*
- *Hockey Gloves*
- *Hip/ Tailbone and Genital protection*
- *Hockey/ Ringette pants*
- *Knee Pads*
- *Hockey Skates (no picks)*
- *Shin Pads*
- *Shoulder Pads*
- *Internal Mouth Guard (optional)*

